

Happy Birthday!  
Margaret H 3/22



Live More

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>Keepsake Village Activity Calendar</h1> <h2>March 2019</h2>						<p>1</p> <p>9:00 Bio: Dinah Shore 10:30 Exercise: Sittercise 1:00 Discussion: Mickey Mantle 2:00 'JACK POT BINGO' 3:30 Music: Sing a long 4:00 Cognitive: Spaghetti 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Finishing Lies</p>
<p>3</p> <p>9:00 World News 10:00 Catholic Mass on TV 10:30 Exercise: Sittercise 11:30 Music: Sing a long 1:00 Dis: Star-Spangled Banner 1:30 Sports: Table Volley Ball 2:00 Culinary: Pizzelle Cookies 2:00 Cognitive: Hangman 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Light Stretching</p>	<p>4</p> <p>9:00 Current Events 10:00 Cognitive: Think More 10:30 Exercise: Rock and Roll 1:00 Discussion: Vermont 1:30 Keepsake Trippers 2:00 Reading Art 2:00 Shamrock Art 4:00 Visit w/ Pomperaug Pals 4:00 Cognitive: Spaghetti Word 4:30 Sports: Walking Club 6:00 Music: Sing-a-long 6:30 Exercise: Yoga 7:00 Discussion: On the Road</p>	<p>5</p> <p style="text-align: center;">Mardi Gras</p> <p>9:00 Current Events 10:00 Cognitive: Think More 10:30 Culinary: Kings Cake 10:30 Exercise: Rock &amp; Roll 1:00 Discussion: Mardi Gras 2:00 Sports: Wii Bowling 2:00 Painting Group 3:00 Mardi Gras Party 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Trivia</p>	<p>6</p> <p>9:00 Current Events 10:00 Mass on TV /Communion 11:00 Exercise: Kick Boxing 1:00 Discussion: Lent 2:00 Shamrock Art 2:00 All Staff Meeting SS@ 3:30 Cognitive: Think More 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: Petticoat Junction 6:30 Arts and Crafts 7:30 Exercise: Stretching</p>	<p>7</p> <p>9:00 Daily Chronicle 10:00 Cognitive: Think more 10:30 Exercise: Sittercise 11:30 Sports: Parachute 1:30 Bio: Peter Pan 1:30 Keepsake Trippers 2:00 Music with Larry Batter 2:00 Puzzle Group 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Stretching</p>	<p>8</p> <p>9:00 Current Events 10:30 Exercise: Sittercise 10:45-12:00 Music with Myrna 1:00 Dis: Happy Women's Day 2:00 'JACK POT BINGO' 3:30 Music: Sing a long 4:00 Cognitive: Spaghetti 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Finishing Lines</p>	<p>9</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise Sittercise 11:00 Music: Sing a long 1:00 Discussion: Amerigo Vespucci 2:00 Entertainment w/ the Elmwood Troubadours (SSQ) 3:30 Cognitive: Think More 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: Son of Flubber 7:30 Exercise: Stretching</p>
<p>10</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise: Sittercise 11:30 Music: Sing a long 1:00 Facts on Daylight Savings 2:00 Sports: Golf 2:00 Wood Working with Maria 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Light Stretching</p>	<p>11</p> <p>9:00 Current Events 10:00 Cognitive: Think More 10:30 Exercise: Rock and Roll 1:30 Keepsake Trippers 1:30 Culinary: Trail Mix 3:15 Rosary Group (CK1) 4:00 Cognitive: Spaghetti Word 4:30 Sports: Walking Club 6:00 Music: Sing-a-long 6:30 Exercise: Yoga 7:00 Reminiscent Corner</p>	<p>12</p> <p>9:00 Southbury News 10:00 Cognitive: think more 10:30 Exercise: Rock &amp; Roll 1:00 Discussion: Girl Scouts 2:00 Sports: Wii Bowling 2:00 Storytelling with Maria 3:30 Cognitive: Think More 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Trivia</p>	<p>13</p> <p>9:00 Daily Chronicle 10:00 Mass on TV /Communion 11:00 Exercise: Kick Boxing 1:00 Facts on Birthstone 2:00 Sports: Volley Ball 3:30 Cognitive: Brain Fitness 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: Jungle Book 6:00 Shamrock Art 7:30 Exercise: Stretching</p>	<p>14</p> <p>9:00 Current Events 10:00 Reading Group 10:30 Exercise: Sittercise 11:30 Sports: Parachute 1:00 Bio: Norman Rockwell 1:30 Keepsake Trippers 1:30 Spring Crafts 2:00 Cognitive: MadLibs 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Stretching</p>	<p>15</p> <p>9:00 Current Events 10:30 Exercise: Sittercise 1:00 Discussion: W.G Morgan 2:00 'JACK POT BINGO' 3:30 Music: Sing a long 4:00 Cognitive: Spaghetti 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Finishing Lines</p>	<p>16</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise Sittercise 11:00 Music: Sing a long 1:00 Bio: James Madison 2:00 Sports: Volleyball 3:30 Cognitive: Think More 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: Under the Tuscan Sun 7:30 Exercise: Stretching</p>
<p>17</p> <p style="text-align: center;">St. Patrick's Day</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise: Sittercise 10:30 Culinary: Shamrock Shakes 11:30 Music: Sing a long 1:00 Discussion: St Patrick's Day 1:30 Cognitive: MadLibs 2:00 Travelogue: Visions Ireland 3:00 St. Patricks' Day Party 4:30 Sports: Walking Club 4:00 Cognitive: Fun. Facts 6:00 "JACK POT BINGO" 7:30 Exercise: Light Stretching</p>	<p>18</p> <p>9:00 Current Events 10:00 Cognitive: Think More 10:30 Exercise: Rock and Roll 1:30 Keepsake Trippers 1:30 Creating a Story 2:00 Group Board Game 4:00 Cognitive: Spaghetti Word 4:30 Sports: Walking Club 6:00 Music: Sing-a-long 6:30 Exercise: Yoga 7:00 Reminiscing: with Rita</p>	<p>19</p> <p>9:00 Current Events 10:00 Cognitive: Spelling Bee 10:30 Exercise: Rock &amp; Roll 1:00 Cognitive: Brain Fitness 2:00 Sports: Wii Bowling 2:00 Water Color Painting 3:30 Cognitive: The year 1941 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Trivia</p>	<p>20</p> <p>9:00 Dis: First Day of Spring 10:00 Mass on TV /Communion 11:00 Exercise: Kick Boxing 1:00 Bio: Harriet Beecher 2:00 Cognitive: Hangman 3:00 Ladies Tea Party 3:00 Men's Coffee Club 3:30 Monthly Birthday Party 4:30 Sports: Walking Club 6:00 Movie: No Time for Sergeants 6:30 Arts and Crafts 7:30 Exercise: Stretching</p>	<p>21</p> <p style="text-align: center;">Purim</p> <p>9:00 Daily Chronicle 10:00 Sensory Stimulation 10:30 Exercise: Sittercise 11:30 Sports: Parachute 1:00 Discussion: Purim 1:30 Keepsake Trippers 1:30 Travelogue: Planet Earth 2:00 Puzzle Group 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Stretching</p>	<p>22</p> <p>9:00 Current Events 10:30 Exercise: Sittercise 10:45-12:00 Music with Myrna 1:00 Bio: The Beatles 2:00 'JACK POT BINGO' 2:00 Afternoon Entertainment w/ Willie Nininger (SSQ) 4:00 Cognitive: Spaghetti 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Finishing Lines</p>	<p>23</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise Sittercise 11:00 Music: Sing a long 1:00 Discussion: The Wizard Of OZ ( 80 years ) 2:00 Sports: Volleyball 3:30 Cognitive: Think More 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: The Wizard Of OZ 7:30 Exercise: Stretching</p>
<p>24</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise: Sittercise 11:30 Music: Sing a long 1:00 Discussion: Herry Houndini 1:30 Sports: Parachute 2:00 Kids say the Darndest thing 2:00 Cognitive: Tongue Twister 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 7:30 Exercise: Light Stretching</p>	<p>25</p> <p>9:00 Current Events 10:00 Cognitive: Think More 10:30 Exercise: Rock and Roll 11:00 Art with Denise @ SSQ 1:30 Keepsake Trippers 1:30 Travelogue: Planet Earth 2:00 Cognitive: March Quiz 3:15 Rosary Group (CK1) 4:00 Cognitive: Spaghetti Word 4:30 Sports: Walking Club 6:00 Music: Sing-a-long 6:30 Exercise: Yoga 7:00 Reminiscing: with Rita</p>	<p>26</p> <p>9:00 Current Events 10:00 Cognitive: Think more 10:30 Exercise: Rock &amp; Roll 1:00 Cognitive: Name 5 &amp; 10 2:00 Sports: Wii Bowling 2:00 Travelogue: Planet Earth 3:30 Person, Place or Thing 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Trivia</p>	<p>27</p> <p>9:00 Daily Chronicle 10:00 Mass on TV /Communion 11:00 Exercise: Kick Boxing 1:00 Cognitive: What Am I? 1:30 The People Plant @ SSQ 3:30 Cognitive: Brain Fitness 4:00 Bulletin Board Trivia 4:30 Sports: Walking Club 6:00 Movie: Look Who's Talking 6:30 Arts and Crafts 7:30 Exercise: Stretching</p>	<p>28</p> <p style="text-align: center;">Opening Day of MLB</p> <p>9:00 Current Events 10:00 Cognitive: Name 5 &amp; 10 10:30 Exercise: Sittercise 11:30 Sports: Parachute 1:00 Discussion: MLB 1:30 Keepsake Trippers 1:30 Travelogue: Planet Earth 4:30 Sports: Walking Club 4:00 Cognitive: Word game 6:00 "JACK POT BINGO" 6:30 Music with Back in Play 7:30 Exercise: Stretching</p>	<p>29</p> <p>9:00 Daily Chronicle 10:30 Exercise: Sittercise 1:00 Discussion: Cy Young 2:00 'JACK POT BINGO' 3:30 Music: Sing a long 4:00 Cognitive: Spaghetti 4:30 Sports: Walking Club 6:00 Music: Name that Tune 6:30 Exercise: Stretching 7:30 Cognitive: Finishing Lines</p>	<p>30</p> <p>9:00 Current Events 10:00 Catholic Mass on TV 10:30 Exercise Sittercise 11:00 Music: Sing a long 1:00 Bio: Celine Dion 2:00 Sports: Volleyball 3:30 Cognitive: Think More 4:00 Puzzle Group 4:30 Sports: Walking Club 6:00 Movie: Mr. Popper's Penguins 7:30 Exercise: Stretching</p>