

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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The Hearth at Southbury

Senior Living Calendar

March 2019

Happy Birthday!
Eileen S. - 2nd
Elsie L. - 3rd
Evelyn F. - 15th
Kathy K. - 16th
Pat P. - 17th
Betty B. - 22nd



3
 8:30 Coffee & News (PUB)
 9:00 Transp. To South Britain Cong. & Lutheran Church
 10:00 Transp. To Sacred Heart Church
 10:00 Televised Mass (SSQ)
 11:00 Morning Exercise (SSQ)
 2:00 Sunday Matinee (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

4 Shrove Monday
 8:30 Coffee & News (PUB)
 10:00 Rock & Roll Fitness (SSQ)
 10:45 Spaghetti Words (AR)
 2:00 Manicures with Marci (SSQ)
 3:15 Think More w/ Rita (CK2)
 3:30 Social Hour in the PUB
4:00 Visit w/ Pomperaug Pals (SSQ)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

5 Mardi Gras
 8:30 Coffee & News (PUB)
10:00 Community Chapel (SSQ)
 10:45 Move More Meditation (SSQ)
11:15 Mardi Gras Beignets (CK1)
2:00 Bingo (SSQ)
3:30 Social Hour -PUB
6:30 Bridge Group (SSQ)
7:00 After Dinner- AR& PUB
Cards/Games/Dominos Available

6 Ash Wednesday
 8:30 Coffee & News (PUB)
 10:00 **Communion & Ashes (SSQ)**
 10:30 Move More Thera-band Exercises (SSQ)
 11:00 The Price is Right (AR)
1:15 Scenic Ride with Mark (SSQ)
 2:00 All Staff Meeting (SSQ)
 3:00 Cognitive: Think More (CK1)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

7
 8:30 Coffee & News (PUB)
 10:00 Move More Full Body Exercise (SSQ)
 10:45 Cognitive: Lively Minds (SSQ)
2:00 Afternoon Entertainment w/ Larry Batter (SSQ)
 3:30 Social Hour (PUB)
 6:30 Bridge Group (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

8
 8:30 Coffee & News (PUB)
10:00 Rosary w/ Bobbie (CK1)
 10:45 Move More Weights (SSQ)
 11:15 Wii Bowling
2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

9
 8:30 Coffee & News (PUB)
 10:00 Move More (SSQ)
 10:45 Balloon Badminton (SSQ)
1:30 Mardi Gras w/ the Elmwood Troubadours (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

10 Daylight Savings Begins
 8:30 Coffee & News (PUB)
 9:00 Transp. To South Britain Cong. & Lutheran Church
 10:00 Transp. To Sacred Heart Church
 10:00 Televised Mass (SSQ)
 11:00 Morning Exercise (SSQ)
 2:00 Sunday Matinee (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

11
 8:30 Coffee & News (PUB)
 10:00 Rock & Roll Fitness (SSQ)
 10:45 Spaghetti Words (AR)
2:00 Manicures with Marci (SSQ)
 3:15 Think More w/ Rita (CK2)
3:15 Rosary Group (CK1)
 3:30 Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

12
 8:30 Coffee & News (PUB)
 10:00 Comm. Chapel (SSQ)
 10:00 Veteran Coffee Hour (AR)
 10:30 Move More Meditation (SSQ)
 11:00 Manicures with Marci (SSQ)
1:00 Encompass BP Clinic (AR)
1:30 Encompass Presents: Fall Prevention (AR)
 2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 6:30 Bridge Group (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

13
 8:30 Coffee & News (PUB)
10:00 Communion (SSQ)
 10:30 Move More Thera-band Exercises (SSQ)
 11:00 Ind. Flower Gardens (SSQ)
12:00 Trip to X-mas Tree Shop
 2:00 Art Therapy w/ Marci (SSQ)
 3:00 Think More (CK1)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

14
 8:30 Coffee & News (PUB)
 10:00 Move More Full Body Exercise (SSQ)
10:45 Cognitive: Lively Minds (SSQ)
 2:00 St. Patty's Day Pins (CK1)
3:15 Food Committee Mtg. (SSQ)
 3:30 Social Hour (SSQ)
 6:30 Bridge Group (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

15
 8:30 Coffee & News (PUB)
10:00 Rosary w/ Bobbie (CK1)
 10:45 Move More Weights (SSQ)
 11:15 Culinary Corner: Homemade Potato Chips (CK2)
2:00 The Crown: Season 2 (SSQ)
3:30 St. Patty's Day Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

16
 8:30 Coffee & News (PUB)
 10:00 Move More (SSQ)
 10:45 St. Patty's Day Puzzles (SSQ)
2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

17 St. Patrick's Day
 8:30 Coffee & News (PUB)
 9:00 Transp. To South Britain Cong. & Lutheran Church
 10:00 Transp. To Sacred Heart Church
 10:00 Televised Mass (SSQ)
11:00 Truth or Blarney Trivia (SSQ)
 2:00 Sunday Matinee (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

18
 8:30 Coffee & News (PUB)
 10:00 Rock & Roll Fitness (SSQ)
10:45 Culinary Corner: Lucky Charm Treats (CK1)
 1:00 Manicures with Marci (SSQ)
2:00 Documentary: Ancient Ireland (SSQ)
 3:15 Think More w/ Rita (CK2)
 3:30 Social Hour in the PUB
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

19 March Madness Begins
 8:30 Coffee & News (PUB)
10:00 Community Chapel (SSQ)
 10:30 Move More Meditation (SSQ)
10:45 Cognitive: Lively Minds (SSQ)
 2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 6:30 Bridge Group (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

20 1st Day of Spring!!!
 8:30 Coffee & News (PUB)
10:00 Communion (SSQ)
 10:30 Move More Thera-band Exercises (SSQ)
 11:00 Jeopardy (AR)
1:15 Lunch Trip to Chips
2:00 Culinary Corner: Hamentaschen (CK1)
 3:00 Cognitive: Think More (CK1)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

21 Purim
 8:30 Coffee & News (PUB)
 10:00 Move More Full Body Exercise (SSQ)
10:45 Resident Council (SSQ)
2:00 The Crown: Season 2 (SSQ)
 3:30 Social Hour (PUB)
 6:30 Bridge Group (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

22
 8:30 Coffee & News (PUB)
10:00 Rosary w/ Bobbie (CK1)
 10:30 Move More Weights (SSQ)
 11:00 Crazy Crosswords (SSQ)
2:00 Irish Tunes w/ Willie Ninger (SSQ)
 3:30 Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

23
 8:30 Coffee & News (PUB)
 10:00 Move More (SSQ)
 10:45 Rumikub (SSQ)
2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

24/31
 8:30 Coffee & News (PUB)
 9:00 Transp. To South Britain Cong. & Lutheran Church
 10:00 Transp. To Sacred Heart Church
 10:00 Televised Mass (SSQ)
 11:00 Morning Exercise (SSQ)
 2:00 Sunday Matinee (SSQ)
 3:30 Social Hour (PUB)
 7:00 Games & Cards (AR&PUB)

25
 8:30 Coffee & News (PUB)
 10:00 Rock & Roll Fitness (SSQ)
10:45 Art Class with Denise (SSQ)
 2:00 Manicures with Marci (SSQ)
3:15 Rosary Group (CK1)
 3:15 Think More w/ Rita (CK2)
 3:30 Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 Games & Cards (AR&PUB)

26
 8:30 Coffee & News (PUB)
 10:00 Move More Meditation (SSQ)
10:45 Cognitive: Lively Minds (SSQ)
 2:00 Bingo (SSQ)
 3:00 Think More (CK1)
 3:30 Social Hour (PUB)
 6:30 Bridge Group (SSQ)
 7:00 Games & Cards (AR&PUB)

27
 8:30 Coffee & News (PUB)
10:00 Communion (SSQ)
 10:30 Move More Thera-band Exercises (SSQ)
 11:15 Farkle (SSQ)
1:15 Out Trip to Dollar Tree
1:30 The People Plant Connection (SSQ)
 3:00 Cognitive: Think More (CK1)
 3:30 Social Hour (PUB)
 7:00 Games & Cards (AR&PUB)

28 Baseball Opening Day
 8:30 Coffee & News (PUB)
 10:00 Move More Full Body Exercise (SSQ)
10:30 Cognitive: Lively Minds (SSQ)
 2:00 Balloon Badminton (SSQ)
 3:30 Social Hour (PUB)
6:30 Music w/ Back in Play (SSQ)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

29
 8:30 Coffee & News (PUB)
10:00 Rosary w/ Bobbie (CK1)
 10:30 Move More Weights (SSQ)
 11:00 Women's History Month (SSQ)
2:00 The Crown: Season 2 (SSQ)
 3:30 Think More (CK1)
 3:30 Social Hour (PUB)
 6:30 Scrabble Group (AR)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

30
 8:30 Coffee & News (PUB)
 10:00 Move More (SSQ)
 10:45 Words that Begin with... (SSQ)
2:00 Bingo (SSQ)
 3:30 Social Hour (PUB)
 7:00 After Dinner- AR& PUB
 Cards/Games/Dominos Available

